

The following should be included in your basic disaster supplies kit:

- Three-day supply of nonperishable food and manual can opener.
- Three-day supply of water (one gallon of water per person, per day).
- Portable, battery-powered radio or television and extra batteries.
- Flashlight and extra batteries.
- First aid kit and manual.
- Sanitation and hygiene items (hand sanitizer, moist towelettes, and toilet paper).
- Matches in waterproof container.
- Whistle.
- Extra clothing and blankets.
- Kitchen accessories and cooking utensils.
- Photocopies of identification and credit cards.
- Cash and coins.
- Special needs items such as prescription medications, eye glasses, contact lens solution, and hearing aid batteries.
- Items for infants, such as formula, diapers, bottles, and pacifiers.
- Tools, pet supplies, a map of the local area, and other items to meet your unique family needs.

If you live in a cold climate, you must think about warmth. It is possible that you will not have heat during or after a disaster. Think about your clothing and bedding needs. Be sure to include one set of the following for each person:

- Jacket or coat.
- Long pants and long sleeve shirt.
- Sturdy shoes.
- Hat, mittens, and scarf.
- Sleeping bag or warm blanket.

Supplies for your vehicle include:

- Flashlight, extra batteries and maps.
- First aid kit and manual.
- White distress flag.
- Tire repair kit, booster/jumper cables, pump and flares.
- Bottled water and non-perishable foods such as granola bars.
- Seasonal supplies: Winter - blanket, hat, mittens, shovel, sand, tire chains, windshield scraper, florescent distress flag; Summer - sunscreen lotion (SPF 15 or greater), shade item (umbrella, wide brimmed hat, etc).