Assessment - Daily Living

Personal Care

Do you regularly need assistance with personal care, such as bathing and grooming? Do you use adaptive equipment to help you get dressed?

Water Service

What will you do if water service is cut off for several days or if you are unable to heat water?

Personal Care Equipment

Do you use a shower chait, tub-transfer bench or other similar equipment?

Adaptive Feeding Devices

Do you use special utensils that help you prepare or eat food independently?

Electricity-Dependent Equipment

How will you continue to use equipment that runs on electricity, such as dialysis, electrical lifts, etc.? Do you have a safe back-up power supply and how long will it last?

Assessment - Getting Around

Disaster Debris

How will you cope with the debris in your home or along your planned exit route following the disaster?

Transportation

Do you need a specially equipped vehicle or accessible transportation?

Errands

Do you need help to get groceries, medications and medical supplies? What if your caregiver cannot reach you because roads are blocked or the disaster has affected him or her as well?

Assessment - Evacuating

Building Evacuation

Do you need help to leave your home or office? Can you reach and activate an alarm? Will you be able to evacuate independently without relying on auditory cues (such as noise from a machine near the stairs - these cues may be absent if the electricity is off or the alarms are sounding)?

Assessment - Evacuating

Building Exits

Are there other exits (stairs, windows or ramps) if the elevator is not working or cannot be used? Can you read emergency signs in print or Braille? Do emergency alarms have audible and visible features (marking escape routes and exits) that will work even if electrical service is disrupted?

Getting Help

How will you call or summon for the help you will need to leave the building? Do you know the locations of text telephones and phones that have amplification? Will your hearing aids work if they get wet from emergency sprinklers? Have you determined how to communicate with emergency personnel if you don't have an interpreter, your hearing aids aren't working, or if you don't have a word board or other augmentative communication device?

Mobility Aids / Ramp Access

What will you do if you cannot find your mobility aids? What will you do if your ramps are shaken loose or become separated from the building?

Service Animals/Pets

Will you be able to care for your animal (provide food, shelter, veterinary attention, etc.) during and after a disaster? Do you have another caregiver for your animal if you are unable to meet its needs? Do you have the appropriate licenses for your service animal so you will be permitted to keep it with you should you need or choose to use an emergency public shelter?